

# Gluten Free Menu

## SOUP *(Crispy noodles are NOT gluten free)*

Egg Drop Soup <i>with thin sliced button mushrooms</i>	5.
Chicken Cream of Corn	6.
Silken Tofu and Vegetable Soup <sup>V</sup>	7.

## NOODLE AND RICE

Sautéed Brown Rice <sup>V</sup> <i>with mixed vegetables</i>	14.
Wok Fried Rice <i>Fresh Pork / Beef / Chicken / Shrimp / Vegetable<sup>V</sup></i>	14.
Chow Mei Fun <i>Fresh Pork / Beef / Chicken / Shrimp / Vegetable<sup>V</sup></i>	15.
Chow Fun Noodles <i>Fresh Pork / Beef / Chicken / Shrimp Wild Mushrooms<sup>V</sup> / Vegetable<sup>V</sup></i>	16.

*S-Spicy V-Vegetarian*

## MAIN COURSE

### SUSHI

Chirashi <i>Assorted variety of fresh sashimi with sushi rice</i>	25.
Sushi & Sashimi Platter <i>12pcs sashimi / 5 pcs sushi / 1 tricolor roll</i>	40.

### SEAFOOD

Shrimp with String Beans	27.
Steamed Jumbo Prawn <i>with seasoned fresh garlic, baby bok choy</i>	31.
Grilled Wild Prawn <i>with sautéed bean sprouts</i>	27.
Green Prawn <i>with selected fresh green vegetables</i>	27.
Stir Fry Jumbo Prawn Szechuan <sup>S</sup> <i>with Heaven Facing Chili Sauce, steamed baby bok choy</i>	28.
Crispy Shrimp with Honey Walnuts <i>with Grand Marnier Mayo Sauce</i>	27.
Hong Kong Sautéed Squid <i>with snow pea pods, cloud ear mushroom</i>	23.
Kung Pao Fish <sup>S</sup> <i>with fresh sole, chili, peanuts</i>	24.
Grilled Scottish Salmon <i>with pencil asparagus, wild mushroom sauce</i>	26.
Sautéed Sea Scallops <i>with ginger and scallion</i>	31.
Whole Live Lobster <i>(Nova Scotia) (2-2½ lbs.) Cantonese style</i>	MP.

### APPETIZER

Steamed Edamame <sup>V</sup> <i>lightly salted</i>	9.
Moonstone Field Green Salad <sup>V</sup> <i>with house ginger dressing</i>	9.
Moonstone Lettuce Wrap <i>with Pistachio</i> <i>Chicken / Shrimp / Beef / Vegetarian<sup>V</sup></i>	16.
Shrimp and Mango Roll	9.
Yellowtail Jalapeño Roll <sup>S</sup>	8.
Tuna Avocado / Cucumber Roll	9.
Alaska Roll <i>with salmon, avocado, cucumber</i>	10.
Boston Roll <i>with cooked shrimp, cucumber, lettuce</i>	9.
Grilled Salmon and Asparagus Roll	9.
Sushi Appetizer (5)	15.
Sashimi Appetizer (8)	19.

### MEAT

Lemongrass Chicken <i>with wok garlic spinach</i>	24.
Chicken Spicy Garlic Sauce <sup>S</sup> <i>with broccoli florets, bell peppers</i>	22.
Chicken and Fresh Vegetables <i>with asparagus, bok choy, broccoli, shiitake mushrooms</i>	24.
Beef and Asparagus	25.
Mongolian Beef <sup>S</sup> <i>with crispy cellophane noodles</i>	26.
Kowloon Ribeye Steak <i>with cherry tomatoes, asparagus, black pepper sauce</i>	30.
Sliced pork Tenderloin with Asian Chestnuts <i>with sautéed spinach</i>	23.
Pan Seared French Cut Lamb Chops <i>with spring onion, roasted garlic</i>	40.

### VEGETABLES

Vegetarian's Paradise <sup>V</sup> <i>with fried tofu</i>	17.
Stir Fry String Bean <sup>VS</sup> <i>with spicy garlic sauce</i>	16.
Wok Baby Bok Choy <sup>V</sup> <i>with fresh ginger</i>	16.
Sautéed Gai Lan <sup>V</sup> <i>(Chinese Broccoli)</i> <i>with fresh garlic</i>	17.
Stir Fry Snow Pea Leaves <sup>V</sup> <i>with fresh shallots</i>	20.