

# Gluten Free Menu

## SOUP *(Crispy noodles are NOT gluten free)*

Egg Drop Soup	4.
<i>with thin sliced button mushrooms</i>	
Chicken Cream of Corn	5.
Silken Tofu and Vegetable Soup <sup>V</sup>	6.

## NOODLE AND RICE

Sautéed Brown Rice <sup>V</sup>	13.
<i>with mixed vegetables</i>	
Wok Fried Rice	13.
<i>Fresh Pork / Beef / Chicken / Shrimp / Vegetable<sup>V</sup></i>	
Chow Mei Fun	14.
<i>Fresh Pork / Beef / Chicken / Shrimp / Vegetable<sup>V</sup></i>	
Chow Fun Noodles	15.
<i>Fresh Pork / Beef / Chicken / Shrimp / Vegetable<sup>V</sup></i>	

S-Spicy V-Vegetarian

## APPETIZER

Steamed Edamame <sup>V</sup>	9.
<i>lightly salted</i>	
Moonstone Field Green Salad <sup>V</sup>	8.
<i>with house ginger dressing</i>	
Moonstone Lettuce Wrap <i>with Pistachio</i>	15.
<i>Chicken / Shrimp / Beef / Vegetarian<sup>V</sup></i>	
Shrimp and Mango Roll	8.
Yellowtail Jalapeño Roll <sup>S</sup>	7.
Tuna Avocado / Cucumber Roll	8.
Alaska Roll	9.
<i>with salmon, avocado, cucumber</i>	
Boston Roll	8.
<i>with cooked shrimp, cucumber, lettuce</i>	
Grilled Salmon and Asparagus Roll	8.
Sushi Appetizer (5)	14.
Sashimi Appetizer (8)	17.

## MAIN COURSE

### SUSHI

Chirashi	24.
<i>Assorted variety of fresh sashimi with sushi rice</i>	
Sushi & Sashimi Platter	39.
<i>12pcs sashimi / 5 pcs sushi / 1 tricolor roll</i>	

### SEAFOOD

Shrimp with String Beans	26.
Steamed Jumbo Prawn	30.
<i>with seasoned fresh garlic, baby bok choy</i>	
Grilled Wild Prawn	26.
<i>with sautéed bean sprouts</i>	
Green Prawn	26.
<i>with selected fresh green vegetables</i>	
Stir Fry Jumbo Prawn Szechuan <sup>S</sup>	27.
<i>with Heaven Facing Chili Sauce, steamed baby bok choy</i>	
Crispy Shrimp with Honey Walnuts	26.
<i>with Grand Marnier Mayo Sauce</i>	
Hong Kong Sautéed Squid	22.
<i>with snap peas, cloud ear mushroom</i>	
Kung Pao Fish <sup>S</sup>	23.
<i>with fresh sole, chili, peanuts</i>	
Grilled Scottish Salmon	25.
<i>with pencil asparagus, wild mushroom sauce</i>	
Sautéed Sea Scallops	30.
<i>with ginger and scallion</i>	
Whole Live Lobster (Nova Scotia) (1½ -2 lbs.)	MP.
<i>Cantonese style</i>	

### MEAT

Lemongrass Chicken	23.
<i>with wok garlic spinach</i>	
Chicken Spicy Garlic Sauce <sup>S</sup>	21.
<i>with broccoli florets, bell peppers</i>	
Chicken and Fresh Vegetables	23.
<i>with asparagus, bok choy, broccoli, shiitaki mushrooms</i>	
Beef and Asparagus	24.
Mongolian Beef <sup>S</sup>	25.
<i>with crispy cellophane noodles</i>	
Kowloon Ribeye Steak	29.
<i>with cherry tomatoes, asparagus, black pepper sauce</i>	
Sliced pork Tenderloin with Asian Chestnuts	22.
<i>with sautéed spinach</i>	
Pan Seared French Cut Lamb Chops	39.
<i>with spring onion, roasted garlic</i>	

### VEGETABLES

Vegetarian's Paradise <sup>V</sup>	16.
<i>with fried tofu</i>	
Stir Fry String Bean <sup>VS</sup>	15.
<i>with spicy garlic sauce</i>	
Wok Baby Bok Choy <sup>V</sup>	15.
<i>with fresh ginger</i>	
Sautéed Gai Lan <sup>V</sup> (Chinese Broccoli)	16.
<i>with fresh garlic</i>	
Stir Fry Snow Pea Leaves <sup>V</sup>	19.
<i>with fresh shallots</i>	